## Join Us for



## WMHD 2023

Tuesday 10 October is...

WORLD MENTAL

HEALTH DAY

Tue 10th October

2pm - 6pm

Location:

Circle
46 South Ealing Road,
W5 4QA

Mental health is a universal HUMAN RIGHT!

Youth Services
Open Day

World Mental Health Day is a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling.

Join us for an afternoon of tea & cakes and find out what our youth services team have on offer

2023