

# h&f'S Winter festive fun '23



**FREE winter activity  
programme of food and fun  
for children and young people  
22 December - 5 January**



[www.lbhf.gov.uk/  
winterfun](http://www.lbhf.gov.uk/winterfun)

**H&F  
Winter  
Wellbeing**

  
**LMP ACTION**  
COMMUNITY INTEREST COMPANY

**h&f**  
hammersmith & fulham

# Welcome

## Welcome to our fantastic winter festive fun programme

Hammersmith & Fulham Council is continuing to work with local youth activity provider LMP Action and the holiday activity and food programme to offer activities and events for children and young people.

We have many different providers delivering across H&F and we've got something for everyone! Sport, dance, cookery, film school, arts and crafts, and family fun for four to 18-year-olds – or up to 25 for those with additional needs.

We also have several one-off events for families to enjoy together. The most important thing, this winter, is that every event is **FREE**. Our winter festive fun programme is about offering fun and enriching activity for children and young people and spaces for families to come and enjoy the warm. We are also working hard to ensure that children can have access to a regular source of free nutritious meals over the Christmas holidays, whether at a local club, event or other community activity.

Looking forward to seeing you there!

**Cllr Alex Sanderson**  
**Cabinet Member for**  
**Children and Education**

## Contents

<b>Events</b> .....	<b>1</b>
<b>Week 1 activities summary</b> .....	<b>2</b>
<b>Week 2 activities summary</b> .....	<b>3</b>
<b>Drama, dance and performing arts</b> .....	<b>4</b>
<b>Food education</b> .....	<b>5</b>
<b>Multi-activity providers</b> .....	<b>6</b>
<b>Specialist provision</b> .....	<b>11</b>
<b>Sports provision</b> ....	<b>12</b>
<b>Support services</b> ...	<b>13</b>



## Special events

### Nourish Hub **Christmas Community Supper**

With activities and games for children.

**Wednesday 20 December**

5-7pm  
Nourish Hub, St Ann's Road, W11 4SS

No booking required

.....

### Shepherd's Bush Families Project **Two-day Santa's grotto and activities**

With five different activities including arts and crafts and temporary tattoos!

Hot and cold food and refreshments. Each child will receive a gift and a food hamper.

**Tuesday 19 and  
Wednesday 20 December**

3-6pm  
Shepherds Bush

Booking: [tinamayears@sbfp.org](mailto:tinamayears@sbfp.org)

### DanceWest **Festive Family Disco**

This special event brings together local families. Join us for a morning of family fun and festive cheer!

**Friday 22 December**

10.30am-12pm  
Tipis on the Green, Parsons Green

No booking required

.....

### LMP Action **Theatre Performance**

Family theatre performance by production company Big Foot Arts Education. Join the Dip and Dap comedy duo for a Christmas adventure with a twist. With tonnes of audience participation, hilarious tasks, singing, dancing and endless fun!

**Friday 22 December**

8.50-10:30am  
(Please ensure a prompt arrival to allow the performance to start at 9:15)

Tipis on the Green, Parsons Green

For tickets, please complete the booking form at:

<https://forms.office.com/e/km2qzbbAgw>



# Activities - Week 1 • Friday 22 - Friday 29 Dec

ORGANISATION	LOCATION	AGES
<b>Drama, dance and performing arts</b>		
DANCEWEST	Sands End	5-10 yrs
FILM SKOOL	Fulham	6-16 yrs
<b>Multi-activity provider</b>		
BUBBLE & SQUEAK	Old Oak	5-11 yrs
HARROW CLUB	Old Oak/Sands End/ White City	11-18yrs (up to 25 with SEND)
KULAN FOUNDATION	Shepherds Bush	8-19 yrs
MACWO	Shepherds Bush	11-14 yrs
MASBRO	Hammersmith	8-19yrs (up to 25 with SEND)
MINARET	West Brompton	8-16 yrs
OMINIRA	Fulham	8-16 yrs
SHEPHERDS BUSH FAMILIES PROJECT	Shepherds Bush	5-16 yrs
SULGRAVE	Hammersmith	7-11 yrs
URBAN WISE	Old Oak	5-11 yrs
<b>Specialist provision</b>		
MENCAP	Hammersmith	13-25 yrs
SOLIDARITY SPORTS	West Brompton	5-17 yrs

## Sat 30 Dec - Fri 5 Jan • Activities - Week 2

ORGANISATION	LOCATION	AGES
<b>Drama, dance and performing arts</b>		
FILM SKOOL	Fulham	6-16 yrs
<b>Food education</b>		
NOURISH HUB	Hammersmith	7-17 yrs
<b>Multi-activity provider</b>		
BUBBLE & SQUEAK	Old Oak	5-11 yrs
HARROW CLUB	Old Oak/Sands End/ White City	11-18yrs (up to 25 with SEND)
LET'S LEAP HOLIDAY CAMP	White City	4-11 yrs
MASBRO	Hammersmith	8-19yrs (up to 25 with SEND)
MINARET	West Brompton	8-16 yrs
SEAPIA	Sands End	4-13 yrs
SHEPHERDS BUSH FAMILIES PROJECT	Shepherds Bush	5-16 yrs
URBAN WISE	Old Oak	5-11 yrs
<b>Specialist provision</b>		
MENCAP	Hammersmith	13-25 yrs
SOLIDARITY SPORTS	West Brompton	5-17 yrs
<b>Sports provision</b>		
EALING TRAILFINDERS	Wormwood Scrubs	6-12 yrs

# Drama, dance and performing arts

## DanceWest

**Ages: 5-10**

 Join DanceWest for a very special festive edition of the holiday club. Each day is different and led by our amazing team of friendly and qualified dance teachers. We provide the children with breakfast snacks on arrival, a hot lunch and a sweet treat at the end of the day.

 **Saturday 16 December – Santa's Hip-Hop Workshop**

**Sunday 17 December – Elf on the Shelf Tick Tock and Street Dance Workshop**

**Thursday 21 December – Christmas Movies Dance Extravaganza**

**Friday 22 December – Christmas Around the World: Breakdance and Street Dance**

**Saturday 23 December – Santa's Salsa Fiesta and Dance Finale** ★

 **Sands End**


To book:

 **07494 513079**

 **www.dancewest.co.uk**

## Film Skool

**Ages: 6-16**


 A filmmaking workshop giving young people the opportunity to learn about the filmmaking process, learn about screenwriting, storyboarding, as well as making your very own short film supported by professional filmmakers.

All young people will write, direct and produce a professional film which will be screened in a West End cinema.

 **Tuesday 2 – Friday 5 January**  
**10am-2pm**  
**(Tuesday -Thursday)**  
**10am-4.30pm**  
**(Friday)**

 **Fulham**

To book:

 **Contact Mo:**  
**montyalam187@hotmail.com**



## Nourish Hub

Ages: 7-17

 This winter season, join us for a cookery session to learn how to end food waste whilst developing your cookery skills and healthy eating knowledge!

 Thursday 4 – Friday 5 January  
9.30am- 12pm

 Hammersmith

To book:

 <https://www.nourishhub.org.uk/events/>



 Activities  Age  Time/Date  Location  Phone number  Email  Website

 Access for someone with physical disability/difficulty  Access for someone with learning disability

# Multi-activity providers

## Bubble and Squeak

**Ages: 5-12**

 We will run a wide range of fun activities, accessible for all led by experienced professionals for children aged 5-12yrs. This includes arts and crafts, multi-sports, gardening, cooking, free play as well as working with well known institutions and partners to deliver a variety of activities and support delivery of our programme. We will also work with local providers so we can also sign post families to other services.

 Friday 22 December –  
Friday 5 January 10am-2pm

 Old Oak


To book:

 [bubblesqueakeat@gmail.com](mailto:bubblesqueakeat@gmail.com)



## Harrow Club

**Ages: 11-18**

 We will run four sessions for children and young people in Hammersmith & Fulham over the winter holidays. We will provide a Christmas party and meal, a trip to the cinema, ice skating and bowling.

 Friday 22 December –  
Friday 5 January 1-6pm

 White City/ Old Oak/ Sands End

To book if not a club member:

 [info@harrowclub.org](mailto:info@harrowclub.org)

 020 8969 2528






# Multi-activity providers

## Kulan Foundation

**Ages: 8-18**

 We will provide both indoor and outdoor activities. This includes maths and English, arts and crafts, competitions, team games, debates, board games, ping pong and table football. The outdoor activities include football and sports days (basketball, rounders and other games).

 **Wednesday 27 December –  
Thursday 4 January 10am-2pm**

 **Shepherd's Bush**


To book:

 **admin@kulanfoundation.com**




## Let's Leap

**Ages: 8-18**

 Ofsted-registered activity camps delivered by trained specialists to provide childcare within a safe, appropriate, fun and educational setting.

Over the years, we have been recognised by children, parents and headteachers as a caring, fun and safe place for children.

From go-karting to arts and crafts, we pull out all of the stops to ensure children have an amazing time at camp!

 **Tuesday 2 – Friday 5 January  
8.30am-4.30 pm**

 **St John Primary School**

To book:

 **<https://www.letsleapsportsacademy.co.uk/page/?title=HAF&pid=29>**




 Activities  Age  Time/Date  Location  Phone number  Email  Website

 Access for someone with physical disability/difficulty  Access for someone with learning disability

# Multi-activity providers

## MASBRO Youth Club

**Ages: 8-19**

 Masbro Youth Club will run its 'Fit n Fed' programme providing hot, healthy lunches and snacks to its members alongside sports, physical activities and a range of exciting and informative activities, and learning opportunities in a youth club environment.

 Wednesday 27 – Friday 29 December, Thursday 4 – Friday 5 January  
11am-3pm

 Hammersmith

To book:

 [masbroyouthclub@upg.org.uk](mailto:masbroyouthclub@upg.org.uk)

 07525 815251



---

## Minaret

**Ages: 8-16**

 Indoor and outdoor physical activities and art competition

 Wednesday 27 – Friday 29 December, Tuesday 2 – Wednesday 3 January  
11am-3 pm

 West Brompton

To book:

 [info@minaretcc.org](mailto:info@minaretcc.org)

## Mother and Child Welfare Organisation


**Ages: 11-14**

 Arts and crafts, Storytelling

 Friday 22 December, Wednesday 27 – Friday 29 December  
12-4pm

 Shepherds Bush


To book:


 Contact Hawa:  
[hawa.mohamud@macwo.org](mailto:hawa.mohamud@macwo.org)

---

## Ominira Learning

**Ages: 8-16**

 This Christmas we will be offering a variety of fun activities to celebrate the Christmas festivities and challenge our young people to engage in new and exciting STEM activities, including science experiments and bridge-building! Head over to our website to see our provisional timetable and follow us on our social media @ominiralearning to find out more!

 Wednesday 27 – Friday 29 December, 10am-2pm

 Fulham


To book:


 [www.ominiralearning.com](http://www.ominiralearning.com)

# Multi-activity providers

## SEPIA

**Ages: 4-13**

 Arts, crafts and sports – indoor and outdoor. Gaming, cooking, sewing, music, drama, t-shirt printing, messy play, festive fun and much more!

 **Tuesday 2 January – Friday 5 January**  
12-4pm

 **Sands End**

To book:


 [info@seapia.org](mailto:info@seapia.org)



.....

## Shepherd's Bush Families Project


**Ages: 5-16**

 On-site activities for children and young people. Art and craft, physical play, board games, cooking activities and more.

 **Friday 22 December,**  
**Tuesday 2 January –**  
**Thursday 4 January 10am-3pm**

 **Shepherds Bush**


To book:

 [marsela@sbf.org](mailto:marsela@sbf.org)  
[tinamayrs@sbf.org](mailto:tinamayrs@sbf.org)



## Sulgrave Youth Club

**Ages: 7-11**

 Sulgrave holiday activity programmes provide children with a variety of fun and challenging activities and outings, in the company of old and new friends, supported by a team of caring staff, through which children improve their skills and abilities, build their confidence and raise their aspirations.

This Christmas our on-site activities on Tuesday 27 and Thursday 29 December will consist of a variety of stimulating physical and educational activities, such as mini hockey, penalty shoot-outs, an obstacle course, quizzes, competitions, and cooking.

Our off-site outing on Wednesday 28 December will be to a local activity like ten pin bowling or ice skating.

 **Wednesday 27 – Friday 29 December**  
12-4pm

 **Hammersmith**

To book:


 <https://www.thesulgraveclub.org.uk/>



# Multi-activity providers

## Urban Wise

**Ages: 5-11**

 Our sessions will be accessible for all, led by experienced professionals.


Our programme will include forest activities, nature arts and crafts, multi-sports and STEM activities.

We will have an exciting programme of multi-sports led by different sports coaches. We will have a local chef to run cooking and gardening sessions which will contribute to the healthy food the children and young people will eat daily and learn about. We will also work with other providers so we can also signpost families to other services.

 Friday 22 December, Tuesday 2 January – Friday 5 January 2-6pm

 Old Oak


For more information and to book:

 [lydia@urbanwise.london](mailto:lydia@urbanwise.london)



## Mencap

**Ages: 13-25**

 Youth Development Project is a tailor-made programme for anyone aged 13-25 with a learning disability or autism who lives or goes to school/college in the Hammersmith and Fulham area. The project focuses on skills development and social inclusion.

We provide many activities such as bowling, arts, cooking sessions, fitness, trips, nutrition and wellbeing sessions, Discos for key events and much more.

 Friday 22 December,  
Friday 29 December  
5-9pm,  
Wednesday 23 December –  
Friday 5 January  
11am-4pm

 Hammersmith


To book:

 [jolita.anupreviciute@hfmencap.org](mailto:jolita.anupreviciute@hfmencap.org)



## Solidarity Sports

**Ages: 5-17**

 A range of physically stimulating activities and trips around London. Activities include ice skating, swimming, oxygen trampolining, snakes and ladders and the circus at Winter Wonderland.

We provide many activities such as bowling, arts, cooking sessions, fitness, trips, nutrition and wellbeing sessions, Discos for key events and much more.

 Wednesday 27 – Friday 29 December,  
Wednesday 3 – Thursday 4 January  
10am-4pm

 West Brompton

To book:

Strict referral process via RBKC  
and Hammersmith & Fulham  
Social Services only.




# Sports provision

## Ealing Trail Finders

**Ages: 6-12**

 We are a multi-sport activity camp and our games will be designed to nurture the development of skills to encourage children to enjoy the sport more. We will differentiate our approaches and games based on the abilities of participants, so they can all get the most out of the activities provided. Our specialist sports coaches will design games and practices to help children better understand games they are already familiar with, as well as try new sports - which they may have never played - and as a result gain new or improved skills. We will look at physical literacy, not just from a sports perspective, but from a movement sense. We will ensure our games teach children about decision-making and problem-solving to help them explore the limits of their capabilities.

We will have four hours of sporting activity. This will range from moderate exercises where teamwork and problem-solving are key, to games and challenges that encourage participants to develop their movement skills.

 **Wednesday 3 – Friday 5 January  
10am-3pm**

 **Wormwood Scrubs**

To book:

 [ealingtrailfinders.org.uk](http://ealingtrailfinders.org.uk)



# Support services

## Crosslight

Free face-to-face debt advice

 <https://www.crosslightadvice.org/hf>

## Family Friends

Parent befriending service for parents with children aged 0-16 years.

 020 8960 9099

 [info@familyfriends.uk.com](mailto:info@familyfriends.uk.com)

 <https://www.familyfriends.uk.com/>

## Hammersmith & Fulham Council – family support services

Family Support is here to support families at every stage to build stronger brains and build resilience.

 020 8753 6070

 [familyservices@lbhf.gov.uk](mailto:familyservices@lbhf.gov.uk)

 <https://www.lbhf.gov.uk/children-and-young-people/children-and-family-care/family-support-service>

## H&F Community Connect

Support for residents needing urgent support with food, loneliness or isolation.

 <https://www.lbhf.gov.uk/health-and-care/community-connect>

## Help for residents facing financial hardship

Information for residents struggling with paying bills.

 <https://www.lbhf.gov.uk/cost-living-crisis-find-help-here>

## Mencap

HF Mencap is an independent local charity supporting children and adults with learning disabilities and their carers and families.

 <https://hfmencap.org/contact-us/>

## West London Action for Children

Promotes the wellbeing of children in need, working with them, their families and carers to help them achieve positive change.

 <https://www.wlac.org.uk/>

The logo features the text 'H&F Winter Wellbeing' in a stacked format. 'H&F' is in red, 'Winter' is in blue, and 'Wellbeing' is in red. To the right of the text is a decorative wavy line composed of alternating red and blue rectangular segments, resembling a stylized ribbon or a wave.

**H&F**  
**Winter**  
**Wellbeing**

Do contact each provider  
directly.

Have a wonderful  
winter of fun!